

Brush up on your oral health...
not your pick-up lines.



A line of dental floss could be better for your love life than any pick-up line in the book. Regular brushing and flossing helps prevent cavities, gum problems and tooth loss, not to mention preventing bad breath and keeping your teeth bright and shiny.

Remember to brush your teeth and tongue twice a day with a soft-bristled brush and fluoride toothpaste. Floss between each tooth at least once a day.

For more information on this and other oral health topics, visit www.deltadentalins.com.