

Questions about oral health?



We'll do **whatever it takes and then some.**

How healthy is your smile?

Take our online quizzes to find out!

Visit the Oral Health & Wellness section on www.deltadentalins.com to take the following quizzes:

- Dental Cavity Quiz
- Gum Disease Quiz

If you've got questions about oral health, be sure to check out our website at www.deltadentalins.com for answers.

To help you and your family keep your smiles healthy, we've compiled an extensive library of articles on oral health topics from amalgam fillings to x-rays and just about every oral health topic in between.

Mouth-Body Connection

- Diabetes and oral health
- Heart disease and oral health
- Men's oral health
- Oral cancer
- Osteoporosis
- Pregnancy and oral health
- Stress and oral health
- Tobacco use and oral health

Preventive Care

- Brushing and flossing
- Dental cleanings
- Fighting bad breath
- Fluoride
- Nutrition and oral health
- Choosing and caring for your toothbrush

Emergency Care

- Dental care when traveling
- Handling dental emergencies

Kids & Teens

- Baby bottle tooth decay
- Children's oral health
- Eating disorders
- Teens' oral health

Seniors

- Dental care of Alzheimer's patients
- Dentures
- Seniors' oral health

Dental Treatments

- Amalgam and resin fillings
- Braces
- Dental implants
- Dental x-rays
- Sealants

Conditions

- Dry mouth
- Mouth sores
- Sensitive teeth
- TMJ

WE KEEP YOU SMILING®

Why do 54 million enrollees trust their smiles to Delta Dental?

- More dentists
- Simpler process
- Less out-of-pocket

Free Newsletter

Get the latest in oral health with *Dental Wire*, our bi-monthly e-mail newsletter. Sign up at: deltadentalins.com/oral_health

www.deltadentalins.com

Delta Dental includes these companies in these states:
Delta Dental of California – CA
• Delta Dental of Pennsylvania – PA & MD • Delta Dental of West Virginia – WV • Delta Dental of Delaware – DE • Delta Dental of the District of Columbia – DC • Delta Dental of New York – NY • Delta Dental Insurance Company – AL, FL, GA, LA, MS, MT, NV, TX, UT

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Sign up for *Dental Wire* – an online dental health newsletter

Preventive care is the number one way to keep your smile healthy

In *Dental Wire* you'll find great ways to help you care for your teeth:

- Dental news and health tips
- Ways to maximize your Delta Dental plan benefits
- Links to puzzles and games for kid

It's free!

Dental Wire is Delta Dental's free online newsletter. It provides articles, tips and tools to help you take great care of your smile.

Sign up now

A new issue of *Dental Wire* can be e-mailed to you every other month. Simply visit the Oral Health and Wellness section of our website and provide us with your e-mail address.

Privacy notice: Delta Dental will not use subscriber e-mail addresses for any purpose other than Dental Wire and will not share our list with third parties. Subscribers will be able to unsubscribe at any time.