Cardiovascular disease
Got healthy gums? That's good for your heart. Gum disease is linked to cardiovascular disease.

Gum disease
Migraines may be linked to certain bacteria in the mouth.\(^2\)

Dentition
Chronic gum inflammation can be a risk factor for Alzheimer’s disease later in life.\(^1\)

Glaucoma
Tooth loss and gum disease may increase your risk of this disease of the optic nerve.

Respiratory disease
Infection of the gums may increase your chance of developing respiratory disease.

Acid reflux
Acid reflux can be detected by looking at the enamel on your back molars.

Diabetes
If you have diabetes (a disorder of the pancreas), you are more likely to develop gum disease and tooth decay. Reversely, unhealthy gums may increase your chance of developing diabetes.

Kidney disease
Kidney disease is more common among adults missing all their teeth.

Rheumatoid arthritis
Rheumatoid arthritis is linked to unhealthy gums.

Pre-term baby
Expecting? Having healthy gums can improve your chances of delivering full-term.


Our Delta Dental enterprise includes these companies in these states: Delta Dental of California — CA, Delta Dental of Pennsylvania — PA & MD, Delta Dental of West Virginia, Inc. — WV, Delta Dental of Delaware, Inc. — DE, Delta Dental of the District of Columbia — DC, Delta Dental of New York, Inc. — NY, Delta Dental Insurance Company — AL, FL, GA, LA, MS, MT, NV, TX and UT.